

## **Quality Assurance and Drug Utilization Management Information**

RiverSpring Health Plans has established a Quality Assurance program that is designed to ensure our members receive high quality, medically appropriate and cost effective health care. The program monitors and evaluates the quality and appropriateness of services provided; as well as provide the framework to pursue opportunities for improvement and problem resolution.

In addition to our Quality Assurance Program, RiverSpring Health Plans has developed a Drug Utilization Review (DUR) system to identify drug interactions, unusual dosing of a particular drug, concerns with the age and/or gender of the member and various other factors. The RiverSpring Health Plans DUR system evaluates the appropriateness of the prescription at the point-of-sale by utilizing the following safety alerts and edits:

**Dose Optimization:** This alert will notify the pharmacy if the dose requested is outside of the normal dosing and duration/range of therapy guidelines.

**Drug-Age:** This alert will notify the pharmacy if the drug should not be used for consumers in a specific age range, based on FDA regulatory guidelines.

**Drug-Disease:** This alert will notify the pharmacy if there is a medication that interacts with one of the member's disease states.

**Drug-Gender:** This alert will notify the pharmacy if the drug should not be used for consumers of a specific gender.

**Drug-Opioid Naïve:** This is a hard edit that triggers when a member is opioid naïve, and requires the initial claim to be reduced to a 7 day supply. The system will look back 108 days and a Prior Authorization will be required for any amount over the 7-day limit if the rejection is not overridden by the POS pharmacist.

**Drug-Opioid 200 MME:** This hard edit will alert the pharmacy when a member's incoming and paid claims drug history indicates that the member is currently taking over 200 MME.

**Drug-Pregnancy:** This alert will notify the pharmacy if the drug should not be used for female consumers of reproductive age.

**Long-acting Opioid Therapeutic Duplication:** This soft edit will alert the pharmacy if there is another long-acting opioid medication that is considered a therapeutic duplication.

**Non-Severe Drug-Drug:** This alert will notify the pharmacy if there is another medication that interacts with the medication being filled.

**Opioid 90 MME:** This hard edit will alert the pharmacy when a member's paid claims drug history indicates that the member is currently taking over 90 MME.

**Prescriber Count for 90MME:** This soft edit will alert the pharmacy if claims originated from two or more prescribers and exceeds the configured dosage limit of a 180 day lookback.

**Severe Drug-Drug:** This soft edit will alert the pharmacy if there is another medication that interacts with the medication being filled.

**Therapeutic Duplication:** This alert will notify the pharmacy if there is another medication that is considered a therapeutic duplication.