

# RiverSpring Health Plans

## Opioid Overutilization Program for Medicare Part D Beneficiaries

To: Pharmacies

From: RiverSpring Health Plans

Express Scripts' will support RiverSpring Health Plans in meeting the CMS Part D Drug Management Program (DMP) requirements based on the Comprehensive Addiction and Recovery Act (CARA) regulations. The program proactively reviews "Potentially At-Risk Beneficiaries" (PARBs) with utilization of Frequently Abused Drugs (FADs) that meet the Overutilization Monitoring Systems (OMS) distinct criteria for potential abuse.

The DMP will engage in case management for such beneficiaries through contact with prescribers, pharmacies and members to determine beneficiary at-risk status (ARB). This includes, completing outreach to prescribers for targeted members, implementation and notification of opioid and/or benzodiazepine limitations when medically necessary, and documentation of case management activities, outcomes, and providing OMS response codes through a comprehensive reporting package.

Make sure to first check the patient's billing information to see if he or she is a part of the RiverSpring Health Plans network.

Coverage	State	PCN	B	Plan Name
Medicare Advantage	NY	MEDDPRIME	610014	RiverSpring Star (HMO I-SNP) RiverSpring MAP (HMO D-SNP)

Beneficiaries undergoing treatment for active cancer pain or sickle cell, or are in palliative end-of-life, hospice, or long-term care are excluded from this program (both the edits and the opioid DMP).

To support the CMS requirements, Express Scripts has implemented/enhanced the following formulary-level opioid safety edits ("opioid safety edits") at the point-of-sale (POS) since 2019:

- Soft edit for concurrent opioid and benzodiazepine use,
- Soft edit for duplicative long-acting (LA) opioid therapy,
- Care coordination edit at 90 morphine milligram equivalents (MME),
- Hard edit at 200 MME or more (optional), and
- Hard edit 7-day supply limit for initial opioid fills (opioid naïve).

Edit	Hard edit	Care Coordination	7 Day Opioid Naïve	Opioid & Benzodiazepine	Long-Acting Opioid
Threshold	>200mg/day	≥90mg/day	NA-New user edit	NA-Concurrent use edit	NA-Duplicative use edit
Reject code	88* + 922 + 569*	88* + 569*	88* + 925 + 569*	88* + 569*	88* + 569*
Reject message	Morphine Equivalent Dose Exceeds Limits		Initial Fill Days' Supply Exceeds Limits		
	*DUR REJECT ERROR *Provide Notice: Medicare Prescription Drug Coverage and Your Rights				
Secondary message	CALL HELP DESK  MORPHINE EQUIV LIMIT EXCEEDED.  MD Call for review.	CALL HELP DESK  Poly MD, Care Coordination.	CALL HELP DESK  INITIAL FILL LIMIT.  OPIOID INITIAL FILL LIMIT 7DS.	CONCURRENT USE OF BENZO/OPIOID  BUPRENORPHINE IN HISTORY*  *(if there is buprenorphine for pain or MAT in history)	(contributing drug name)  DUPLICATE THERAPY
Drug List Inclusion	All Opioids except buprenorphine for MAT and pain	All Opioids except buprenorphine for MAT and pain	All Opioids except buprenorphine for MAT	All opioids (except buprenorphine for MAT and methadone) and benzodiazepines	Long-acting opioids

RiverSpring Health Plans will review instances where beneficiaries identified by these criteria and may reach out to you to discuss potential overutilization cases. Contacts will include an initial fax and, if there is no response from you, a follow-up call to obtain information to assist us in the beneficiary's case determination as well as to see if a lock-in to the pharmacy is warranted. Patients locked-in to a prescriber and/or pharmacy will be restricted to receiving their opioids solely from that prescriber and/or pharmacy for 12 months.

If you have any questions about this program, please call Express Scripts' Pharmacy

Help Desk at 1-800-922-1557, the number is staffed 24/7. Thank you for being a part of

our pharmacy network!

Regards,  
RiverSpring Health Plans